



White

CAPS

The Newsletter for WAVES National

Still Something Special

VOL. XXXII NO.4

AUGUST 2011

First Woman to Command Carrier Strike Group

by Kate Wiltrout – The Virginian-Pilot



RADM Nora Tyson is happy to tick off a list of things that will make the deployment of the aircraft carrier USS George H.W. BUSH (CVN-77) and its strike group historic: It's the first combat cruise for the Bush, which also happens to be the last Nimitz-class carrier. It coincides with the 100th anniversary of naval aviation. The Bush will be the first East Coast carrier to deploy with the Navy's newest electronic warfare airplane aboard.

Just don't expect Tyson to include her own role - the first woman to command a carrier strike group - on the list of firsts. She's been breaking the Navy's gender bar-

riers for years, and it isn't something she calls attention to.

Her stock line, when pressed about being a trailblazer: "I am the beneficiary of some really good timing."

"I feel very fortunate the timing was such that I could be the first one," Tyson, 53, said of her job as strike group commander. "Somebody had to be the first one. There will be many more to follow."

Tyson's self-deprecation may be rooted in her upbringing in the South. A native of Memphis, Tenn., she speaks with a slight Southern drawl - it emerges most when

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The President's Message

Ladies,
Another WAVES National (WN) year has come and gone. By the time you receive this issue, the Board of Directors will have met in Madison, WI. It's just a bit more than a year until the

Convention in Orlando. I am attending the Regional Conference in Orlando this year and will be checking out the accommodations at that time. I hope you are making plans to attend as I know we will have a lot of fun!

Thank you to all who participated in the Virtual Raffle. You did a marvelous job in supporting this fund raiser. Congratulations to the winners! Look for the committee's report in this issue. Be sure to take advantage of our next one which will be in time to provide a little something extra for a Christmas stocking.

Have you taken advantage of the wine being offered through our partnership with Proud to Serve Winery? I'm hearing some very positive responses, so if you haven't tried it yet, be sure to do so. This is just another way to support your organization and raise some funds for our treasury. You can go to our website and click on the link to place an order or call 1-510-332-1034.

Don't forget about the Yellow Ribbon Coalition, as well. If you have a used vehicle (car, truck, boat, RV, motorcycles, per-

sonal watercraft or even an aircraft) that you want to get rid of, contact the Yellow Ribbon Coalition and they will have your vehicle picked up. You receive a tax credit for the donation and WN receives half of the proceeds from auctioning off the donated item.

Gale Wursthorn, White Caps Editor, has had to relinquish the position due to her health. I appreciate all the time and effort Gale has put into being editor and will miss her expertise. Please keep Gale in your thoughts and prayers for a full recovery.

If you are interested being editor, look at the Help Wanted ad in this issue. After reading the duties of the position and if you still want to apply, please contact me. Also, until we have a new editor, be sure to send any articles for publication to me. My information is listed on the National Officers and Staff page.

I attended the combined Region X & XI Conference in Chattanooga, TN, in late July and thoroughly enjoyed the Southern hospitality. I had some meaningful discussions with the members from those

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First Woman to Command ...

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she's animated - but her warmth is genuine and her manner informal.

Days before the start of the Bush's first combat cruise, Tyson sat down in her spacious office on the carrier. Outside the door was "the flag mess" - the admiral's dining room. Two silver candelabras sat atop the rectangular table, surrounded by 18 carved wooden chairs. Large prints of dramatic moments from the presidency of George H.W. Bush - mostly from the first Gulf War - decorated the walls. Copies of memoirs of first lady Barbara Bush and daughter Doro Bush Koch adorned a coffee table.

Wearing a green Navy flight suit and brown combat boots, Tyson spoke about the former president's ties to the ship, the Navy's only surface vessel with a living namesake. Bush has made three trips to the carrier, twice while it was at sea. His experience as a Navy pilot during World War II makes his connection to the crew even stronger.

Before starting to talk about global hotspots and Navy policy, Tyson took a personal detour, sharing stories and photos of her twin blond stepgrandsons.

She seemed just as proud of the 6,000 men and women in the strike group.

"I'm real excited about the team, very proud to lead this group of men and women..." Tyson said. "It's a phenomenal honor to be chosen to do this job."

As always, the upcoming deployment is filled with uncertainty. Iraq and

Afghanistan provide known missions. But there's a civil war in Libya with an internationally patrolled no-fly zone, unrest in Yemen and Syria and the possibility that al-Qaida will try to retaliate for the death of Osama bin Laden.

How would she have reacted if it were the Bush, not the carrier Carl Vinson, told to bury bin Laden at sea?

"I think it's something that we would say, 'Great, got it,'" Tyson said. "Do we normally do burials at sea for personalities such as bin Laden? No, but we do burials at sea, and you adjust accordingly. We're very flexible."

Flexibility may be Tyson's biggest strength.

"This is what I tell all of my crew: If you're not ready, and you're not flexible, then you're in the wrong business, because that's what it's about. You don't know when our schedule may change, when our mission may change. We've always got to be ready to execute our nation's tasking at any time. That's the expectation."

Over more than 30 years in uniform, Tyson has perfected the art of adaptation.

After graduating from Vanderbilt University, she was commissioned in 1979 as a general unrestricted line officer, or GURL - an administrative post that female officers often filled at that time. But at her first posting in Washington, her boss and a supportive admiral urged her to try aviation.

She earned her wings in 1983 and went on to serve as a flight officer in an air reconnaissance squadron. Back then,

female aviators could serve aboard only one warship: the Lexington, a training carrier. Tyson finished a stint there in 1991, a few years before Congress allowed women to serve on warships. What she'd learned aboard Lex made her eligible to serve as navigator aboard the Enterprise once the law changed.

Tyson later took command of the amphibious assault ship Bataan, which did two wartime deployments to the Persian Gulf. It happened to be in the Gulf of Mexico in 2005 when Hurricane Katrina struck. Always flexible, Tyson's crew helped lead the Navy's response to the crisis, distributing food and water and flying civilians out of downtown New Orleans.

She knows the upcoming deployment might require the strike group to do a little bit of everything.

"It's my responsibility to be ready to do whatever missions we're asked to do, whether it's counterpiracy or flying missions over Afghanistan or Iraq or working with coalition ships," Tyson said. "Any possible mission that we could be assigned, we train for."

"I really enjoy what I do. I really enjoy going to sea. I love being in the Navy or I wouldn't have done this for almost 32 years now. It's just kind of the excitement of going out there and doing what we're trained to do, and kind of severing the training ties and being an operational carrier strike group. I think there's a sense of excitement throughout the strike group. We're ready. Let's go do what our country expects us to do."

The President's Message ...

(Continued from page 1)

regions, as well as visiting Jo Adamson and Betsy Waddell.

My telephone number and email address are changing. If you need to contact me, be sure to check the updated information in this issue.

I know many of you celebrated the 69th anniversary of the WAVES in July. Don't forget to send in photos and stories of how you celebrated the anniversary and we will publish them in the October issue. AND send your photos to Denise Duke to keep our historical records current.

Until next time, stay safe and please keep our troops in your prayers.

Always Navy,

Dassa

Help Wanted – White Caps Needs You!

Have you ever thought you would like to write? Do you have a good, working knowledge of the English language? Want to try your hand at being creative?

Here's your chance! WAVES National (WN) is looking for an editor for White Caps and you may just be the one we are looking for!

WN Bylaws state the duties of the Editor as:

1. Compiling and editing information submitted by members or units of WN before forwarding to the President for final review and editing. The President shall then forward it to the publisher for printing and distribution to members;

2. Giving priority to official WN information received from the President,

officers, and committee chairmen over unofficial items.

The editor needs to be proficient with a computer, as most articles are submitted electronically as is the copy submitted to the printer.

White Caps is published six times a year with strict deadlines as stipulated in our contract with the printer.

This is a great opportunity to get to know other members of WN and learn of their "sea stories!" If you like to delve into the past and learn what's happening in today's sea services, this is the job for you. It is a challenge with its own rewards and a lot of self satisfaction.

Anyone interested can apply to WN President. See the National Officers & Staff page for contact information.

This is What We Do – Volunteering

By Diana Parkison

Greetings to all!

For the last issue of WC, I did not have an article. In place of my article, it stated “Diana was on active duty and deployed with the Red Cross,” so let me tell you what I have been doing.

I have been a Red Cross volunteer since September 2005, Hurricane Katrina. I volunteer in External Relation, Community Partnerships Division. What does that mean? It means in a disaster, I work in the community to ensure information about response activities and available services are shared with the community affected by the disaster. I coordinate with community agencies, i.e., businesses, non-profit organizations, and faith based organizations, to help reach everyone within the community to ensure they receive all appropriate services from the American Red Cross (ARC).

I went to Alabama for six and a half weeks after the tornadoes ripped through the area, working 10 to 16 hour days, 7 days a week, for the first 3 weeks. After the first 10 days, I did get a day off. For the most part, we worked for 12 hours each day and had every 7th day off.

My area of responsibility included 9 counties: Jefferson, Shelby, Bibb, Tuscaloosa, Greene, Hale, Pickens, Lamar and Fayette (the mid-west part of the state). We were headquartered in Birmingham and, for the first week, I lived in a staff shelter, which was in the public safety building in Hoover.



Staff Shelter

The first couple of weeks in Alabama, I worked in Tuscaloosa helping with their VOAD (Voluntary Organizations Active in Disaster), ensuring that the community agencies collaborated and

coordinated their response and recovery plans for rebuilding the community.

I also worked with many of the faith-based organizations to help set up distribution centers so the citizens affected by the tornadoes could receive the things they needed during the initial phase of the disaster recovery. Through out Alabama it appeared that on every corner, someone, some restaurant, or some organization had set up a distribution center or a canteen to help out. I have never seen so many individuals come together to help.



This distribution center was set up by a neighborhood group giving out food and water. No one asked them to do this. No one paid them to do this. They told me they just did it “because it was needed”.

I then was “transferred” to Jefferson County and worked with the faith-based organizations and non-profits. By this time, the county had distribution centers and canteens set up and operating. My job became one of making sure that the distribution centers had what they needed and to keep a listing of the centers and operating hours. I also went out in the communities to ensure that everyone knew we were there and that they had what they needed.



Diana (far left) assisting clients in Pratt City

My time in Alabama ended with me helping to close up the American Red Cross Disaster Response Headquarters in Birmingham.



The ARC HQ was an old CompUSA store in Birmingham

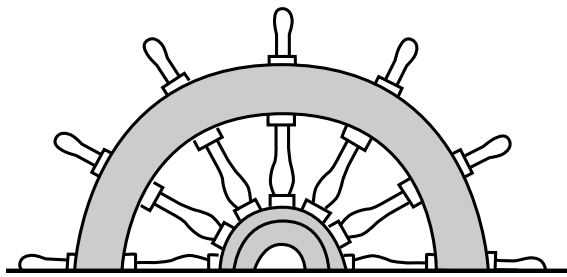


This was the Red Cross office in Calhoun County. Disaster hits everyone, even the American Red Cross.

It’s now hurricane season. So far this year the American Red Cross has responded to tornadoes in 18 states, flooding in 16 states and wildfires in 3 states. Are you ready if a disaster should strike near you? Do you have a disaster kit? Do you have a disaster plan? Do you even know what a disaster plan is? Do you know where to go for help to make a plan?

Go to your local chapter of the American Red Cross. Have them come to meetings and have a representative give a presentation on disaster preparedness. If you are not in a unit, have the ARC come to a neighborhood association meeting, or any group you belong to and give a presentation. It’s free and remember the saying “the life you save may be your own.”

I invite you to become an American Red Cross volunteer. It’s one of the best things I ever did -that is, other than joining the US Navy.



FROM THE BRIDGE

FIRST VICE PRESIDENT

Jo Adamson



Greetings, Shipmates!

The BOD Mid-Term will have passed by the time you read this, but if anyone has something that needs to be brought up to enhance recruiting new members, please let me know. As you know, all States are not represented as they don't have a unit within their State, so I would like to put in a request for those of you in States without a unit, get in touch with your Regional Representative or me and become a State Organizer.

Quite a few of you volunteer at the VA in your area. I encourage you to recruit new members at the VA and get a unit started. This is another way we can get representation in States that are currently without either a SD or an SO.

I would like to show my appreciation to all the recruiters for the new members we have acquired this last year to date. As I stated before, we have a new monetary contest to the individual recruiting the most members. The contest will end August 30, 2012. In order to get credit and have an opportunity to be the grand prize winner, please state on the New Member Application who your recruiter is. Currently, we have 110 new members (from Convention last year). However, the following new members are delinquent with their 2011 dues: RUTH LANDRY, MARYANN SMITH, JENNIFER MOBLEY, DENISE BECKLER, SANDRA MARTIN, JUANITA MIRELES AND KATHERINE RATH. I'm sure it is just an oversight.

The Marion, IL VA Medical Center just had their first All Women's Outreach/Fashion Show. I was a coordinator representing WAVES National for this event. More than 100 veterans attended. We had 17 women Veterans as models, wearing clothing provided by Dillard's in Marion. I donated a basket for WAVES National with some of our delicious wine from California sporting our label. Several people made a request for ordering. These are just some of activities for recruiting new members, while getting donations for WN.

My thanks go to all our shipmates involved in these many Outreach Programs for women Veterans. We had WN representation at Women Veterans Outreach Programs in San Diego, Rhode Island, and Florida. On June 30th, I represented WN as personal guide to the Miss Illinois and all 25 running for Miss Illinois 2012 on a tour of the Marion VA. They had no idea about Women Veterans' Programs and what they represented. I would appreciate hearing of all the events our shipmates attend representing WAVES National.

I wish to send a big Get Well to our White Caps Editor Gale Wursthorn and all our other shipmates on the sick call list. God watch over all of you.

SECOND VICE PRESIDENT

Betsy Waddell



And... A Great Day to ALL!

Ladies, for those of you that have reports to do and send off—PLEASE GET THIS DONE!!! Your officers (Regional, State and National) need to receive these, so we can get our reports done. This is the infamous up-the-chain theory.

I have found as I talk with prospective members that they want to know what we do in the community. I tell them all of Southeast Guide Dogs and their Paws for Patriots program; of Athena House (home/shelter/rehab program) for homeless WOMEN veterans; of the WAVES National Scholarship; of assisting at VA Hospitals and Fisher Houses; of reaching out to veterans in nursing homes. We do much in our communities. We are more than just a lunch group! Where we do not have large groups... we do what we can with what we've got!

I am hoping to see many of you at the Regional Conference in Florida. When we see each other, please share with me what you think that we can do to help us GROW in membership and how we can reach out to the women of today's sea services.

TREASURER

Monica O'Hara



I hope everyone is enjoying their summer. By the time you read this, I will have attended the Mid-Term Board of Directors meeting in Wisconsin and spent time visiting my Midwest family and friends before returning to San Diego.

This fiscal year has whizzed by so quickly. It's hard to believe, but Unit Financial Reports are due by September 1st. Unit Treasurers, remember that the reporting year is August 1st to July 31st. Please refer to page 15 of the Procedures Manual for the report format. This is an IRS requirement. You may send the report by email or regular mail, whichever is easier for you.

The following donations have been received for the General Fund: MALs: Maralee Bloomfield, Lorraine Cogan, and Vera Nosal; Geraldine Nelson (Cactus WAVES, Unit 114) and Geraldine Pratt (WAVES of the Wasatch, Unit 93); Units making donations: Heart of America, Unit 9, in memory of Emma Hays and Linda Richeson; 10,000 Lakes, Unit 37, in memory of Vivian Dorn and Barbara Pittelkow; and, Columbia River Ripples, Unit 70, in memory of Caroleigh Steinmetz.

Tidewater Tidal WAVES, Unit 152, (in memory of Maggie Lowrance), and Patricia Black (MAL) sent donations for the Stained Glass Window Fund. Libby Morrison (#152) also donated to this fund in memory of Maggie Lowrance.

Unfortunately, Bay Area WAVES, Unit 3, disbanded. They generously donated to the General, Scholarship and Stained Glass Window Funds.

Thank you one and all for your generous donations!

EXECUTIVE SECRETARY

Barb Turner



I mailed 114 post cards to members-at-large (MALs) who had not renewed their 2011 dues as of April 1st and

I believe that we have seen a good rate of return on our investment. Several units were

late in collecting and mailing in unit dues and as a result we have had several members who did not receive the June White Caps.

Jo Adamson and I have mailed all of the extra June White Caps that we receive to those members. If you are one of the members who did not receive your June issue, please let me know and I will see what I can do. You can read the White Caps on our web site as well.

I have received most of the rosters back from unit treasurers and thank you for your assistance. This annual mailing helps the WN Treasurer and I keep our membership database accurate and at the same time remind those members that they have not paid their annual WN dues. Sometimes our deceased members don't get reported to me and I am not notified until the family members realize it.

If you send me an e-mail and I don't reply within 24 hours, please resend your e-mail. I try to stay on top of replying to all e-mail, but please bear in mind that I may not have received the e-mail that you sent. I will get back to you as soon as I have answers.

I hope that everyone has a wonderful summer. Less heat would be nice here in Texas! Ya'll stay safe and please keep in touch if you need anything

SHIP'S STORE



Patty Jo Parks

Are you advertising your military connection? Time and again I'm stopped by military women asking where I got my jacket, fanny pack, ball cap, etc. Why not treat yourself to a new piece of WAVES National Logo clothing. Our golf shirts are roomy; jackets are lightweight and ball caps are adjustable!

ALWAYS REMEMBER:

1. Allow 6 weeks for engraved items.
2. Allow AT LEAST 2 weeks for processing and shipping all other items.
3. Use the MOST RECENT White Caps order form. Your order may be delayed if the correct payment and/or shipping are not included.

"Quantity discounts" are STILL available for ANY COMBINATION of WN Coins, Medallions and/or Keyrings: 5 for \$45; 10 for \$80 or 20 for \$140.

Even though it is hot now, here's a FINE PRINT SPECIAL to help you keep warm this winter:

- With the purchase of each sweatshirt (any size), get a cardigan (one-size fits most) for only \$15! That's a savings of \$10 and you get double the warmth!

- Orders **MUST** 1) Include full payment, 2) Request one (or more) sweatshirt(s); 3) Specify "COZY" on the order form; and 4) Be received by October 1, 2011.

Sea Ya, *Patty*

PUBLIC RELATIONS



Barb Sebring

Greetings Ladies,

My unit recently met for a picnic lunch at one of our State Parks. I'm really happy to see the turnout we get at our gatherings. It is always so nice to see the older members that have always supported us but especially nice to see the newer members become involved.

Next month we will meet at a local Coast Guard Station to enjoy their seafood buffet. It is nice to just gather socially and not have a business meeting every month.

We have completed the first fund raiser, and the committee would like to thank all of you that helped make it a success. I hope you also have contacted the Proud To Serve Winery to order some really good bottles of their wine. Remember they will donate \$2 to our treasury for every bottle sold. The summer is a great time to enjoy their wine with friends and family as you gather for picnics, parties and reunions. If you need information on them again please let me know. You can also go to our website and click on the link to order wine. Let's all support this new fund raiser.

In Navy Friendship,
Barb Sebring

HISTORIAN



Denise Duke

AHOY!!! First off, I want to thank everyone for checking on me after the tornado ripped through our area the end of April. Thank God it went north or south of us. We are all doing just fine. The farm finally received some rain and the grass is growing at full speed.

The regional conferences are in full swing. Please make sure you remember to identify someone from your unit who is taking photos to send them in for our history books. Please don't forget to send information to identify people in the photos too. Articles, flyers, photos, or other periodicals that show your activities are welcomed.

Some of our units have turned in their charters. When the unit folded, the unit scrap books or other memorabilia were sent to me for safe keeping. That is fine! I will

make sure to bring them to the next convention to share with the entire membership. Convention 2012 will be here before you know it! Start planning now so you won't miss out on the fun.

My contact information is listed in White Caps, Historian: Denise Duke. Have a safe and happy summer!

Always Navy, *Denise*

VOLUNTEER HOURS CHAIRMAN



Dulcie Davis

GUIDELINES FOR VOLUNTEER HOURS

I am very disappointed in the number of Volunteer Hours reports that I have received. Not even half of the active units reported and very few members-at-large (MAL) reported on time. The Procedures Manual (PM) defines the role of volunteers and what type of hours may be reported. "Individual members, units and members-at-large all do volunteer services in the name of WAVES National, their units, their communities in many ways. By reporting on the hours spent providing volunteer services, WN is able to keep its tax-exempt status. The Volunteer Services chairperson gathers the hours reported by individual members, units, members-at-large and friends of WN."

This information has been published in previous White Caps and all units have the information and ask their members to turn in their hours during monthly meetings or by phone or e-mail. This subject has been discussed at Regional Conferences and WN Conventions over and over again and we still report fewer hours each year. I realize that some of our members are getting up in age and some can no longer drive, but there are many different types of things that we do that should be counted as volunteer hours. I have listed several below for your information:

Attending and preparing for WN meetings, phone calls to members on the unit phone tree, phone calls to the ill or just to cheer up someone, sending cards, any type of community service (does not have to be just for veterans) like volunteering at the SPCA or taking dog/cat food and newspapers to your local veterinarian, visiting the ill (home, hospital, rehab), sewing Pillows for Patriots. Anything extra you do for your church, prayer chain or meetings; taking a person (veteran or neighbor) to the doctor or shopping or to the bank all count as volunteer hours. And the list goes on. You may include driving time for anything that you

volunteer for as well. At the end of the day round up to the nearest hour and that way you don't have to keep exact hours.

All of these types of things mentioned above are counted as Community Hours.

If you make items for use by veterans, the hours would count as Community Hours because they are made some place other than at a VA facility. Additionally, if your neighbors volunteer but don't turn their hours in to any other organization, they may contribute those hours to you. Yes, that is true! Just complete a form for them as "A Friend of WAVES National."

Veterans Affairs (VA) hours include but are not limited to some of the following and must be reported as VA Hours: visiting patients in VA facilities such as VA medical centers, nursing homes, outpatient clinics, veteran homes, etc. If you do clerical work in a VA facility, feed or sit with veterans, write letters for veterans or volunteer at VA Stand-down, you can count these as VA hours. There are very specific hours that can be counted as VA hours.

If you don't know if you can count something please ask your unit volunteer chairperson or send me an e-mail or call me. I am eager to assist! You can report most anything as long as it is not reported to another organization.

Make copies of the Volunteer Hours form and keep it handy by your monthly calendar or in your car so that you can fill it in at the end of each day.

Don't forget to turn your unit hours in to your unit Volunteer Hours Chairman in May so that she can compile her report for me, which is due not later than June 15th of every year. MALs please send me your hours by snail mail or e-mail.

I want to give Barb Turner a big Thank You for helping smooth out this article.

Always Navy,
Dulcie

VA MEDICAL/HEALTH



Ruth Storck

Snoring in recent years has received a lot of attention. A sleep study can be performed to rule out specific breathing problems like sleep apnea (stopped breathing events). Many people seek help due to the embarrassment of just being a loud snorer. When we progress from light to a deeper sleep, the tongue relaxes along with the throat and the roof of the mouth. The relaxed tissue causes narrowing of the airway and when air passes through; the palate vibrates - this is the snore.

Several factors can affect sleep patterns causing you to snore. Some of the easiest to change are being over weight, drinking alcohol prior to bedtime, problems with your nose passages, large tonsils, smoking and sleeping on your back.

Devices aimed at reducing the snore effect are costly and not covered by many health insurances. A trained Orthodontist can design an oral devices to assist in keeping your airway open. Many people find these difficult to adjust to. The most common and effective device used is the CPAP machine. This continuous positive airway pressure machine forces air through a mask into your airway, keeping it open. Some people find the mask hard to tolerate. Nasal strips across the nose or corticosteroid nasal sprays can assist in reducing the sounds of snoring. As a last resort there are surgical procedures that can tighten or cut excess sagging tissue from the palate. These surgeries are both costly and have many side effects. It is also only a 50-50 chance that in the long term this procedure will continue to aid in the reduction of snoring. If you have a snoring issue, speak with your doctor and make sure you do not have a breathing issue and allow them to assist you in having a restful silent sleep.

WEBMASTER

Gaby Morrison



It's summertime, got some free time so you figured you would check out Facebook and other social sites? That's great, but before you go big time on the social network, here are some tips from Microsoft to help you navigate safely on the various social sites available.

1: Use caution when you click links that you receive in messages from your friends on your social website. Treat links in messages on these sites as you would links in email messages.

2: Know what you've posted about yourself. If the site allows, make up your own password questions, and don't draw them from material anyone could find with a quick search.

3: Don't trust that a message is really from who it says it's from. Hackers can break into accounts and send messages that look like they're from your friends, but aren't.

4: To avoid giving away email addresses of your friends, do not allow social networking services to scan your email address book.

5: Type the address of your social networking site directly into your browser or use your personal bookmarks. If you click a

link to your site through email or another website, you might be entering your account name and password into a fake site where your personal information could be stolen.

6: Be selective about who you accept as a friend on a social network. Identity thieves might create fake profiles in order to get information from you.

7: Choose your social network carefully. Evaluate the site that you plan to use and make sure you understand the privacy policy. Use the same criteria that you would to select a site where you enter your credit card.

8: Assume that everything you put on a social networking site is permanent. Even if you can delete your account, anyone on the Internet can easily print photos or text or save images and videos to a computer.

9: Be careful about installing extras on your site. To download and use third-party applications safely, take the same safety precautions that you take with any other program or file you download from the Web.

10: Think twice before you use social networking sites at work.

Have a safe and fun summertime and be smart on the internet!

Smiles, *Gaby*

WN on Facebook

What is Facebook? It is an online social network that allows people to communicate with one another in mutually beneficial ways.

You may communicate with family and friends and find long lost friends or shipmates.

This is also a great recruiting tool. WAVES National upcoming events, such as Regional Conferences or the WAVES National Convention can be posted on this page. Pictures from unit events can also be posted to share.

To register on Facebook go to www.facebook.com. After starting your Facebook page, type in the search box: WAVES National. A drop down box will appear with a list of groups. Click on WAVES National to open. At the top of the page on the right, there is a tag that says "Ask to Join Group". Click on this to join the WAVES National Group.

If you have any questions you may email me: navywave76@earthlink.net.

Other Facebook pages to check out are: Soldiers' Angels, American Women's Veterans, Women In Military Service for America Memorial. Just explore and have fun!!


SILVER TAPS


Please send all WN member Silver Taps information to Executive Secretary, Barb Turner (address on page 14)

WN MEMBERS

Marie Alsmeyer (Bennett) USN Unit #1 (AR)	M. Jane Voltz USN Unit #74 (FL)
Irene M. Scott (Crowell) USN Unit #4 (NM)	Virginia Stephan USN Unit #74 (FL)
Ida L. Mayes (Lucia) USN Unit #4 (NM)	Benedetta McTague USN Unit #74 (AZ)
Esther R. Lang (Rudolph) USN Unit #6 (PA)	Doris F. Fisher (Fuhrer) USCG Unit #75 (FL)
Mary C. Williamson (Ervin) USN Unit #6 (PA)	Lucille M. Kunze (Kohlmeyer) USN Unit #75 (FL)
Florence Hayes USN Unit #9 (KS/MO)	Barbara J. Estey USN Unit #84 (IA)
Emma R. Hays (Reichenbach) USN Unit #9 (KS/MO)	Bettina Black (Rothrock) USN Unit #93 (UT)
Linda G. Richeson (Fudge) USN Unit #9 (MO)	Roberta B. Sanders (Patrick) USN Unit #103 (TX)
Mary O. Hendrickson (Ollis) USN Unit #28 (PA)	Ailene M. Weddell (Thompson) USN Unit #113 (VT)
Gertrude A. Kubit (Salisbury) USN Unit #28 (PA)	Mary E. Caswell (Day) USN Unit #118 (PA)
Marcelle A. Zingerman (Therwhanger) USN Unit #28 (PA)	Marion E. Shoemaker USN Unit #120 (PA)
Katherine S. Buckstein USN Unit #28 (PA)	Gladys M. Dimmick (Lunsford) USN Unit #144 (NC)
Thelma Adams USN Unit #32 (MI)	Margaret M. Lowrance (Moon) USN Unit #152 (VA)
Vivian J. Dorn (Huggard) USN Unit #37 (MN)	Valerie E. Flanagan (Kading) USN Unit #153 (WI)
Shirley J. Meredith USN Unit #37 (MN)	Barbara Jean Bradbury (Argo) USN MAL (MS)
June L. Murphy (Taylor) USN Unit #37 (MN)	Beatrice J. Griffiths (Nordeen) USN MAL (VA)
Barbara H. Pittlecow USN Unit #37 (MN)	Dorothy A. Hamilton USN MAL (PA)
Gene E. Lockyer USN Unit #41 (ME)	Anne Mantell (Bazil) USN MAL (TX)
Ellen MacCall (Hayward) USN Unit #57 (VA)	Margaret J. Muller (McCrary) USN MAL (SC)
Caroleigh Steinmetz (Byrnes) USN Unit #70 (OR)	Joanne R. Otis USN/USAR MAL (NJ)
Violet Osmun USN Unit #73 (PA)	Bonnie N. Page USN MAL (TX)
Flora Ross (Collins) USMC Unit #74 (FL)	Marie A. VanLandschoot (Pultorak) USN MAL (FL)

WN FORMER MEMBERS

Florence E Witt (McNair) USN Unit #9 (KS/MO)	(Elizabeth) Betty Lee USN Unit #37 (MN)
June E. Donohue (Hertle) USMC Unit #27 (FL)	Dessie M. Sorenson USN Unit #84 (IA)

Gone, but not forgotten!



World War Two was a time in history when patriotism was at its highest, when everyone did what they could to help in a national crisis. In no other time of history were people bound together in a common cause. It was a time -

When Flags Flew High

A Novel of World War Two based on actual events both home and abroad – December 1941 - September 1945

by Margaret Anderson Thorngate

Publishers cost: \$25, plus \$3.50 postage

Send check or money order to:

Margaret Thorngate

1601 Rhododendron #629, Florence, OR 97439

Next of Kin Notification – Do You Have Backup?

Each of us is in potential danger if we are home alone and something happens to us. There are a myriad of things that can be done if you live alone. It is never a good idea to not have someone who should be notified when you are injured or hospitalized. Some of us don't have family members who live in our area, for instance, and so we must rely on our friends. Do you have a family member or close friend who can provide assistance if you need it? Who will feed, water and walk the dog; check your mail; make sure there are lights on inside your home on occasion if you are hospitalized? What if you are suddenly wheelchair bound and have no one at home to rearrange furniture so that you can get around?

What if you have stroke or heart attack symptoms? You better call 911 and then have the hospital notify your next of kin or designated "close friend." Do you have a cell phone? You should carry it with you all of the time, especially at home, in case you fall and can't reach your home phone. Take it with you when you check your mail, take out the trash or run errands. You can set up ICE (in case of emergency) contacts in your cell phone so that anyone who is assisting you can locate and call that emergency contact for you. For example: ICE – Susie Smith – Phone: 000-000-0000.

Another suggestion is to write down the name, phone number and relationship

of the contact on a piece of paper that you carry in your wallet with your insurance cards. Then the EMT, doctor or nurse will find it if you are unable to or are not alert.

The next time you visit your doctor, ask him/her if you can designate a close friend or relative in writing and have them file it with your medical chart in the doctor's office. This is not a "living will" but more simply a "notification" of a close friend or family member in case you are ill or hospitalized and cannot communicate. Each state has laws that govern this subject so please check with them before you do anything that would be more of a hindrance.

Let's be careful out there!

REGIONAL CONFERENCES

WAVES NATIONAL WESTERN REGIONS

JOINT CONFERENCE AND MEXICAN RIVIERA CRUISE 2011

Region I Representative Jeannie Dicks, Region II Representative Margaret Thorngate, and Region III Representative Linda Fulkerson have teamed up to present the Western Regional Conference 2011 aboard the Holland America ship ms OOSTERDAM out of San Diego, CA, 8-15 October 2011.

For conference registration, call your Cruise Director Lynne Pine at (619) 947-6936 or e-mail Lynne.Pine@Yahoo.com to receive the registration form that you will need to fill out and submit to her. To make cruise reservations, request special arrangements for medical or dietary needs, or opt out of mailings, call Lynndee King of Cruise Specialists at 1-800-544-2469 or e-mail LKing@CruiseSpecialists.com.

REGION VIII CONFERENCE New England

Plans are underway for a one day conference to be held 1 Oct, at the Holiday Inn, Enfield, CT.

There will be a luncheon with Dr. Linda Schwartz, Commissioner of CT Veterans Affairs, as guest speaker.

Information will be mailed to New England members, but all WN members are invited to attend. Contact Regional Representative Mary Ann Goodell, 20 Terry Rd., Berlin, CT, 06037, 860-828-3302 or m.goodell@att.net for additional information.

REGION IX CONFERENCE Appalachian

This is a shout-out to all the sea service women in the Region IX area. The time is approaching for our Regional Conference. It is scheduled for the 26-27 August, at the Adams Mark Hotel, located in central Buffalo.

Anyone outside Region IX wishing to attend, can contact Kayann Taylor, 315-834-6269.

REGION XII CONFERENCE Sunshine



Region XII, in conjunction with All Navy Women's National Alliance, is

hosting our Regional/State Conference to be held in Orlando, FL, September 22nd through the 25th.

All sea service women are invited.

There will be a hospitality suite for all to gather in and swap a few sea stories and have a nibble!

Thursday afternoon we will host a two-way seminar with active duty women to see what we can do to make our organization more open to active duty personnel and recent retirees. Thursday evening's entertainment consists of a dinner theater for laughs and giggles.

Friday is packed with a golfing package and a meeting of all WN units in FL, followed by Unit Presidents and All Navy Women Directors party.

Saturday morning will have a seminar on various topics of interest to all. Saturday evening will be the banquet with guest speaker. Sunday will start with a breakfast brunch and a speaker.

We will then bid each other adieu for another year.



FOAM OFF THE WAVES

BAY AREA WAVES

Unit #3 (CA) - The BAW was chartered in August 1981 by Jeannie Palermo (Dicks) as Unit #3 of WN. We were originally scheduled as Unit #2, but our request along with the State of Arkansas crossed in the mail and they won as #2! Our scrapbooks show our journey from receiving our charter in long gowns to our work with the Palo Alto Veterans Hospital in starting a Women's Clinic.

These scrapbooks were turned over to the Historian for view at the WN Conventions. We are now going on 30 years and have turned in our charter as most of our members are in their 90's and one is 102. Sadly, the younger members do not want to carry on! We are now MALs and will continue meeting for brunch so we don't lose contact with each other and WN.

Always yours in Navy Friendship and Love – Gloria Farwell, Gladys Bemis, Leah Folck, Jeanne Tothoro and members of the Bay Area WAVES of Northern California, formally Unit #3 of WAVES National.

KEYSTONE WAVES

Unit #6 (PA) – Members participated in a Memorial Day parade, marching with PA Veterans Museum members or riding in vintage convertibles. Afterward, we travelled to Thornbury Park for a special memorial service, and finished the day at a barbecue for all veterans at a VFW post.

The June meeting was well attended. Guest speaker, YNC Joanne M. Elliott, immediate past president of The Wounded Warrior Project, spoke on relevant issues regarding reservists in today's military. We also attended a patriotic concert and old fashioned ice cream social at a local church.

In July, a pool party was held at the home of Gladys Martin, our chaplain.

For meeting information, contact Harriet Stulmaker, 215- 957-6659.

HEART OF AMERICA

Unit #9 (MO) – The highlight of our June meeting was our guest speaker, Steve Curtis. He has made many missionary trips to Thailand, Vietnam, Laos, China and Haiti. His most recent missionary trip

was to Zaozhaung, China. He told of his fascinating visit to the Palace in Beijing, with its twelve great columns and Tiananmen Square, both of which bear a

striking resemblance to the temple in Jerusalem during King Solomon's reign. He told of his feelings of awe when he took in the Great Wall of China. We could almost see it through his eyes. And then his fourteen hour train ride to his final destination in Zaozhaung and to the orphanage where 700 children live. The children had formed two very long lines and greeted them with cheers and clapping. The children (and community) have very little contact with the western world except the two missionaries who live there. His team presented books his organization had purchased for the school. Their group was not allowed to evangelize but they took prayer walks several times a day. People would bring their small children asking for prayers. Interestingly enough, China sends more missionaries to the United States than we send to China. Really!! Our next meeting is August 27th. **For meeting information, please contact Michelle at mbatliner@att.net or call 816-241-7451.**

BADGER

Unit #39 (WI) – A postcard was attached to our May newsletter asking members whether or not the unit should disband. We also asked for ideas, opinions and suggestions to keep the unit afloat. Forty-one cards were sent out and the response was in favor of keeping the unit intact. We had discussed the possibility of disbanding due to decline in membership and poor attendance at meetings, but with the suggestions and input, we're still active.



Dee Clover attended the American Legion Flag Burning on Flag Day.

Our president, Marie Benz, has stepped down due to health issues. She has served in many offices and for many years. Thanks, Marie, for all your guidance and good will. Betty Smith, VP, will take over until elections in May 2012.

Welcome aboard to Kristin Gancarz, our newest member. **For meeting information contact Claire Krolick, peach@wi.rr.com.**

MAINE

Unit #41 (ME) – We hosted a State Coin Event at Bath Legion Post 21 in June which had 19 Women Veterans receiving their coin with their friends and family in attendance.



Unit President Janet Michaud and Betty Samay attend the Coin Event in June and presented coins to Maine's women veterans.

We all had a good time and many pictures were taken. The unit met after and decided to hold a BBQ with Unit 72 of the Togus VA in Augusta and hold another Coin Event for the five women Veterans in the Nursing Home Unit. We also donated a Diaper Bag to Togus VA and Dog Basket to the VAVS Fund Raiser. We will also include a Coin Event at the October 22 Luncheon. **For meeting information, contact Janet Michaud at kvmq2003@yahoo.com or call 207-649-3085.**

CONNECTICUT YANKEES

Unit #42 (CT) – New England Regional Representative Mary Ann Goodell and Unit 42 President Barbara Crede traveled to Brattleboro, VT, to attend the 20th anniversary party for the Green Mountain WAVES, Unit 109, and also to Newport, RI, for the 20th anniversary party of Ocean State WAVES, Unit 118. Member Shirley Noel was an Honorary Grand Marshall in the Wethersfield, CT, Memorial Day Parade. Our unit managed to have a car full to honor her also. Several other members were rained out of their parades.

FOAM OFF THE WAVES



CT Yankee members Front, (l-r): Barb Hawley, Barbara Crede, Marie Flaherty and Mary Ann Goodell. Seated: Florence Morkus; Back Row (l-r): Clara Firnstahl, Jean Chittenden, Marie Walsh, Shirley Noel, Marjorie Walsh, Janet White, Kristine Couture, Mary Kelley, Grace Diden, Annie Jensen, Helen Geiger, Myrtle Reese, Grace Hanlon.

Plans are progressing for the 12th NE Regional Conference. We are off to enjoy the summer and will meet again in September. **For meeting information, contact Marie Walsh, 860-647-7753, or Barbara Crede, 860-665-8082.**

NORTHWEST FLORIDA WAVES Unit #52 (FL) – Our annual SALUTE! luncheon in May honored women in naval aviation. The guest speaker, CDR Jen Whereatt, USN, is a Naval Academy graduate and P-3 pilot and is currently Executive Officer of VT-2, NAS Whiting Field, Milton, FL. She enthralled the 70 attendees with her presentation. Members Stephanie Oram, Jeanne Hooper and Kathy Hall displayed fascinating personal memorabilia from their naval aviation careers.



Happy Unit 52 members surround SALUTE! guest speaker CDR Jen Whereatt, USN, following their successful annual luncheon.

Top row (l-r): Kathy Hall, Jeanne Hooper, Linda Balink-White, CDR Whereatt, Stephanie Oram, Laura White, RADM Joan Engel, Barbara Kempton. Front row (l-r): Mary Ann Vodinelich, Shirley Anderson, Freda Whaley, Dorothy Parker, Geneva Woods, Ruthie Ratchford.

Twenty members gathered in June at a popular waterside restaurant for our last get together before the summer break. We were thrilled when the Blue

Angels Flight Demonstration Team flew in formation right around us several times while practicing for the resumption of their show schedule.

Several members attended a memorial service in June at NAS Pensacola for former member and WW II Veteran Adell Condon who passed away in April at the Armed Forces Retirement Home, Washington D.C.

Member June Walker is busy making a variety of neck pillows for our military personnel. Member Linda Balink-White was thrilled to receive a surprise phone call recently from her OCS classmate MAL Midge Loser who, 50 years after graduating, undertook a project to track down her classmates. She found them all! Bravo Zulu, Midge! **For meeting information, contact Linda at 850-476-6242, or NWFLWAVESUnit52@cox.net.**

WAVES OF THE WASATCH

Unit #93 (UT) - We celebrated the WAVES Birthday with a luncheon held at the DAV. Krystle Snook, IOF, was our guest speaker. She was injured in Iraq and received the Purple Heart. It was very interesting. The service men and women today deserve all the praise we can give them. They sacrifice their lives and health every day for our freedom. A large crowd was in attendance and everyone enjoyed telling and hearing "Sea Stories".

FLATWATER WAVES

Unit #98 (NE) - Mary Scamehorn of Kearney was able to go on the WW II Buffalo County Hero Flight in June. Her daughter Teresa and a daughter-in-law accompanied her on the trip. We know she had a great time.

The Missouri River is ruining the summer for many people, flooding homes and businesses. It's reported that this is worse than the Flood of 1952, and setting records each day. It appears it will last all summer because there is a lot of water to be released from the dams further north in the Dakotas. Due to vacations and holidays we have not had many meetings this year.

Members are working on the Pillows for Patriots project and, hopefully, they will bring the finished products to our next meeting.

GREEN MOUNTAIN WAVES

Unit #109 (VT) - At our May meeting, we celebrated our 20th year since we were

chartered. Seven members were present. Also present were Vermont State Director, Veronica Sujek; Region VIII Representative, Mary Goodell, and Barbara Crede, a member of Unit 42. Helen Vail gave a brief history of the unit. Helen Vail, Jane McCauley and Joan Smith are the surviving charter members and were present for the festivities. A lovely lunch was served by the restaurant with a birthday cake for dessert.

CACTUS WAVES

Unit #114 (AZ) - On the first of July, several of our ladies visited the AZ Veterans Home, hung up Fourth of July decorations in the women's rooms. Then we all gathered at Puggiz's for lunch. On July 30th, the Cactus WAVES and the Salt River WAVES celebrated the WAVES 69th Birthday at the Veteran's Hospital banquet room. Entertainment was provided by The 4th Dimension Barbershop Quartet, and we held a raffle and auction to benefit WAVES programs. Personal accounts of service time adventures were told and the singing of Patriotic Songs was enjoyed. A good time was had by all.

OCEAN STATE

Unit #118 (RI) – This year was the 20th anniversary of our unit so we decided to celebrate it in conjunction with our annual RI Military Woman of the Year (MWOY) Award at the Newport Officers' Club. We had a great turnout of 20 members, plus families and service women from other New England units. Thirteen of our members who attended were WW II veterans. The MWOY, MU2 MeLinda Gaines, unfortunately, could not attend, because her leave, which was scheduled before she knew she had been selected, conflicted with our luncheon. However, we will be meeting her at Ginny Hanson's Pot Luck Party in August.

ADM Jon Christenson, President of the Naval War College, spoke briefly about the MWOY and later Senate President Teresa Paiva-Weed presented Unit President Shirley Hill and State Director Ginny Hanson with a proclamation on our anniversary.

CASCADE SEAFARERS

Unit #138 (OR) - We met with Unit #70, Columbia River Ripples, for our annual spring luncheon in Salem. The attendance was down this year due to age and driving ability. Regardless of the

FOAM OFF THE WAVES


small attendance, it did not diminish the enjoyment we all experienced at visiting together again and everyone is looking forward to next year.

At our picnic in June we celebrated an "all members" birthday party. Barbara Wright hosted the event at her beautiful home in Monroe. The picnic also included a book signing! Margaret Thorngate has finally achieved her life's dream and published her 787 page novel "When Flags Flew High". She started it as an assignment while in college and later decided to put it all together, adding more over time. It's a novel of the home front during World War II.

We are looking forward to our trip to Sutherlin, OR, to view "The Wall" which the Sutherlin Lion's Club brought to their city. You will hear all about it in the October issue of White Caps. For meeting information contact Carrol Donahue at 541-689-1463.

TRIANGLE SEAGALS

Unit #144 (NC) – Sadly, the Seagals lost one of our charter members in May - Gladys Lunceford Dimmick, who had led our unit successfully for a number of years and who was an enthusiastic member of WN. We performed the FINAL SALUTE in her honor



for our June meeting which was attended by 16 members and her daughter and son-in-law. Gladys had been in failing health the past year or two.

We also participated in the Pillows for Patriots program headed up by DFW Airport USO volunteers.

On Memorial Day week-end, three members took part in ceremonies at the Raleigh National Cemetery sponsored by a local American Legion unit. We identified ourselves with a wreath shown in the following photo.



By the time you read this, WN Region XI will be a thing of the past but this unit will have been represented by two of its members.

MEMPHIS BELLES

Unit #151 (TN) - We are proud and honored to have our PS1 Marie Bates selected as a Senior Sailor of the Year for Naval Personnel Command at Naval Support Activity Mid-South at Millington, TN.

Patty Parks, WAVES National State Director for TN, was a visitor at our business meeting on May 21st. Patty organized the Memphis Belles in 2001, and is a charter member of this unit.

For meeting information, phone Linda Coffield at 901-372-9028.

TIDEWATER TIDAL WAVES

Unit #152 (VA) – We participated in Memorial Day Services at Virginia Beach, followed by a lunch at a local Olive Garden.



Members attended Memorial Day Services: Front (l-r): Betty Hand, Gail Bonham and Sheila Jessen; standing (l-r), Marie Bliss, Jo Anne Teel, April Maletz, Dassa Carvey, Alesia Thornton-White, Kathryn Peterson-Lambert, Pat Brown, Amy Lockhart and Phyllis Lightfoot.

We attended the Memorial Service for Maggie Lowrance and rendered a final salute to our much cherished WW II Lady.

Four unit members attended the dedication ceremony for the Vinton/Roanoke Co. Veterans' Memorial on Flag Day.

They also took in a bit of history while there by visiting the D-Day Memorial in Bedford and the site of the signing of the peace agreement between the States, ending the Civil War, in Appomattox.



Betty Kelly has worked diligently to make the Vinton Veterans' Memorial a reality. Her efforts, along with the rest of the committee, came to fruition 14 June with the dedication of the Memorial. Betty's son, Capt Dan Kelly, attached to Fleet Forces Command in Norfolk, was a guest speaker.

Pillows For Patriots

Barb Turner



I am very proud to report that I helped to make 18 Pillows for Patriots while I was visiting my mom in Kansas in June. I don't sew but I can certainly cut out material for these patterns now. What a great project! Thanks to my sister-in-law Pat and my mom Betty, I can now say that we have contributed to this very special project for our veterans returning to the "front" after spending some much needed time with family and friends.

I want to thank our members and friends of members who have made pillows as well. They certainly bring smiles from our returning soldiers! For more information on this very worthwhile WAVES National project please contact Dianna Titel via the website: www.pillowsforpatriots.com or you may call Dianna directly at: 817-905-0824.

American Flag

The American Flag does not fly because the wind moves past it. The American Flag flies from the last breath of each military member who has died protecting it. American soldiers/sailors don't fight because they hate what's in front of them... They fight because they love what's behind them.

Longmont Filmmaker Seeks to Capture Women's WW II Voices

By Pierrette J. Shields, Longmont Times-Call

WN Editor's Note: Dr. Kathleen Ryan's mother was a WAVE during WW II and inspired Kathleen to base her doctorate dissertation on the women who served in the U. S. Navy during WW II. Dr. Ryan interviewed many of our members for her thesis. She has gone back to the ladies she originally interviewed to assemble a documentary and recently had a fund raiser over the internet to raise enough funds to complete the film. Required funding was raised and the documentary will be broadcast in the fall of 2012, on PBS. Margaret Thorngate, Region II Representative, is featured in the film as are several other members. Margaret made a return trip to the USS Missouri in July for a segment in the final film. This article from the Longmont Times-Call was written prior to the deadline for fund raising.



Margaret Anderson Thorngate, center, with unidentified WAVES.

LONGMONT -- In recent years, the voices of World War II, the greatest generation, have been telling their tales.

But a Longmont-based filmmaker noticed missing notes in the chorus. Women who served in the U.S. Navy during World War II, who trained men and decoded enemy messages, who wore the uniform and dedicated years of their lives to patriotism, were not included.

Kathleen Ryan is close to wrapping up a five-year project collecting stories of WAVES, or Women Accepted for Voluntary Emergency Service.

The film, "Homefront Heroines," started as Ryan's doctoral dissertation at the University of Oregon and has grown into a feature-length documentary film project that Ryan hopes will be aired on PBS or cable and will be entered into film festivals. The University of Colorado Associate Professor of Journalism said she is looking to leverage her career in broadcast journalism to memorialize a part of history that appears to be slipping through the cracks. For Dassa Carvey, President of WAVES National, the project represents a preservation of stories and voices that were on the cusp of being lost forever.

"It is so heartwarming to have somebody take an interest in the history of the women in the military," Carvey said.

Ryan has interviewed 53 women who served in the Navy during World War II,

documenting the tales she believes are part of the base of changing female roles in American society.

"One of the things that the WAVES tell that I find interesting is that it is very much that American-up-from-the-bootstraps, bettering yourself (story)," Ryan said.

The WAVES, founded in August 1942, offered women job opportunities that paid the same wages men earned for the same positions. Women who joined the service met a series of minimum age and education requirements, then trained on college campuses. Many later used the G.I. Bill to continue their studies.

Ryan said when prominent journalists like Tom Brokaw and Ken Burns produced stories on the greatest generation, many women of the WAVES felt like some stories were missing.

"Some of these women started getting irritated and said, 'Our stories matter, too,'" Ryan said.

Ryan's mother was in the WAVES, but she passed away well before her broadcast journalist daughter embarked on the "Homefront Heroines" project. However, Ryan said the women remain well-networked and one interview led to another and another, allowing her to amass the memories of dozens. Her research also allowed her to dig into archival material that is also featured in the film.

2012 Convention Quilt

Andrea Cadieux has volunteered to make a quilt to be raffled off at the 2012 Convention in Orlando.

We are looking for sponsors to help pay for the materials for the quilt.

The quilt will be a beautiful flag pattern on the front with the Pledge of Allegiance embroidered on it. Blocks on the back may be purchased by units and will depict the unit name and number. Or, blocks may be purchased in the memory of someone. Just send what you want in your block to Andrea Cadieux, 7871 Sontag Ave., North Port, FL 34291.

Cost of each block is \$25 and will help to defray the cost of the quilt. NO DESIGNS, please.

It will be beautiful and something the raffle winner will cherish!

Virtual Raffle Winners!

The drawing for the Virtual Raffle was held on June 14, Flag Day. Ray Mullin, the Commander of the local American Legion Post, drew the three winning tickets.

The winners are:

First Place: Sharon Woods, Apache Junction, AZ, \$50;

Second Place: Muriel Campbell, San Diego, CA, \$25;

Third Place: Betty Crandall, Windsor, CA, \$25.

VISA Cards were mailed to the three winners.

We took in a total of \$ 775 and spent \$112.85 to purchase and activate the cards, for a total profit of \$662.15, a very nice profit for our first fund raiser. I want to thank everyone again for all the support you gave us.

I truly enjoyed reading all your comments and notes.

Barb Sebring, Committee Chair

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- Conventions are biennial.**
- WHITE CAPS is published six times a year: Feb., Apr., June, Aug., Oct., and Dec. **Items for publication must be received by the 1st of the month before publication.**
- National Dues: \$15.00 for the calendar year - 1 January to 31 December, submitted to the National Treasurer. Unit members submit to Unit Treasurer; Members-at-Large, submit directly to the National Treasurer.**
- When dues have been paid by new members,** membership cards will be issued to Unit Treasurers and individually to Members-at-Large. Current members who pay dues will not be issued another membership card. LIFE members will be issued a permanent LIFE membership card.
- All changes of address must be forwarded to the Exec. Secretary sixty days before moving, if possible. There will be no re-mailing of WHITE CAPS unless the member forwards \$7.50 to Monica O'Hara, Treasurer.
- You may submit your White Caps articles via e-mail to Dassa Carvey at, Dassa_2@verizon.net

<i>Submit Date</i>	<i>Publish Date</i>	<i>Issue</i>
1 Sep 2011	Oct 2011	Oct
1 Nov 2011	Dec 2011	Dec
1 Jan 2012	Feb 2012	Feb
1 Mar 2012	Apr 2012	Apr
1 May 2012	Jun 2012	Jun
1 Jul 2012	Aug 2012	Aug

Store Use:



WAVES National Ship's Store

Women of the Sea Services ~ Still Something Special



August 2011

Name: _____ Phone: _____ Email: _____

Address: _____ City: _____ State: _____ Zip: _____

Item Description	Color	Size	Price	Qty	Total

* ALLOW 6 WEEKS FOR ENGRAVED ITEMS * Additional items may be listed on a separate page*					Subtotal
◆ NEW RATES ◆ Up to \$45 = \$6 \$ 46 to \$100 = \$12 \$101 & above = \$16 ➡					ADD Shipping
NO Phone or E-mail Orders - Make Check/Money Order to "WN SHIP's STORE"					Total Due

MAIL CHECK WITH ORDER FORM TO: Patty Parks, 6920 Sawtooth Drive, Ooltewah TN 37363-6894
 Questions? ? ? Call: (423) 326-0839 ◆ or write waves.shipstore@yahoo.com

Name Badge OR Specialty Badge w/WN Logo \$12 Brushed Gold Plastic w/Bold, Black Letters, Double Clutch back (Magnet back On Request) Name on Badge: _____ (Nickname/Maiden/Other Info) _____ USN USCG USMC Years/From: _____ To: _____ WN Unit Name & Number: _____	Outgoing Officer Pin w/WN Logo \$9 Brushed Gold Plastic w/Bold, Black Letters, Double Clutch back Name on Badge: _____ Office Held: _____ Years in Office: From _____ To _____ WN Unit Number: _____
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WN Logo Flag \$80 3'x5'; All Weather Nylon; Double-thick; 3-Color Logo screened Front & Back	Travel Alarm Clock \$6 Pop-Open, Digital w/lighted face & WN logo on Blue Case 2 1/4" x 2 3/4" x 1" Closed	Wrist Watch \$28 2-tone (gold & silver) w/second hand White face w/WN logo & 12 numbers; Black leather band (7 7/8"); Gold gift box	Anchor Lapel Pin \$4 Original Hat Pin Style, 1/2" " with single pin clutch back
Golf Shirt \$25 Navy or White w/WN Logo SM-MED-LG-XL-2X-3X-4X	Sweatshirt \$20 Navy w/WN Logo SM, MED, LG, XL	Cardigan \$25 Navy button-up w/WN Logo (Sweatshirt fabric-One size)	T-Shirt \$10 Navy w/White screened Logo SM-MED-LG-XL-2X-3X
Jacket \$25 Navy Blue w/WN Logo SM, MED, LG, XL, 2X, 3X, 4X	Apron \$10 Bib-style, Navy w/White Logo Adjustable neck-One Size	Necktie \$8 Women's USN - Black w/Velcro closure-One Size	Ballcap \$10 Navy w/Embroidered Logo Soft style - Adjustable
Waist Bag \$10 "Fanny Pack"-style bag of cotton canvas w/Embroidered WN logo; 2 zippers; belt adjusts 30" to 47"	Small Patch \$4 SPECIFY: Navy OR Marine OR Coast Guard OR Army OR Air Force OR WN Logo Sizes Vary 2 1/2"-3"	Large Patch \$10 WN Logo patch; May be ironed/sewn on back of jacket or vest. Size 8 1/2" diameter	Teddy Bear \$7 W/Service Patch on Belly SPECIFY: Navy OR Marine OR Army OR Coast Guard OR Air Force
"Original" Hat Pin \$10 WAVES w/Anchor & Prop	USN Hat Pin \$4 Spread eagle w/USN	WN Logo Charm \$7 Round, Enamel WN Logo (1/2")	Anchor Charm \$7 Original Hat Pin Style (3/4")
WN Logo Lapel Pin \$4 Round, Enamel WN Logo	Service Logo Lapel Pin \$4 SPECIFY: Navy, USMC, USCG, ARMY, AF	Magnet \$1 Flat, 2 1/2" Circle; White w/WN Logo	Luggage Tag \$2 Blue plastic w/WN Logo
Anchor Earrings \$14 Pierced, Original Hat Pin Style (3/4") (Clip-on Available on Request)	WN Logo Earrings \$12 Pierced, 1/2" Round Enamel WN Logo (Clip-on Available on Request)	Songbook \$8 SPECIFY: "Songs WAVES Sing" OR "Bainbridge Bootcamp Songs"	Letterhead OR Notes \$5 SPECIFY: 20 Sheets WN Letterhead OR 10 Single-fold notes w/envelopes
Dogtag Lapel Pin \$5 Dog-tag shape, 3/4", silver-color pin w/ chain says: Women Proudly Served	Presentation Plaque \$50 Ceramic, Navy woman, WN logo on 9"x12" plaque; Call for Details	License Frame \$2 Top: WAVES National Bottom: Women of the Sea Services	Decal \$1 WN Logo for cars, etc SPECIFY: Blue/White OR Blue/Yellow
Portfolio \$15 Soft Vinyl Black w/Silver Trim; Dark Blue WN Logo (on silver) 9 3/4" wide x 12 1/4"	Pen \$2 Bright Blue color w/WN Logo & WEB address printed in white Blue Ink; Retractable; Nice Weight	Sewing Kit \$2 Blue Case w/WN Logo & WEB address printed in white; 2"x3 1/4"x1 1/4" Needles/threader/scissors/pins, etc.	WN Bumper Sticker \$1 Two-tone blue WN emblem and dark blue letters on white; glossy paper; Approx 3" x 10
Garrison Cap \$22 Ladies' Style, Dark Blue, lined w/WN Logo Patch on Left Front 55% Poly/45% Wool; DRY CLEAN ONLY Sizes 21, 22, 23, 24 & 25 (Measure Circumference of your head; Round up to next even inch for Size)	Coin OR Medallion OR Keychain \$10 Front: WN logo in gold, silver & blue Back: three raised images; Coin has gold, diamond cut edge; Medallion (on blue ribbon) & Keychain w/ring have smooth silver edge ~ Approx 1 1/2" diameter CALL for Quantity Discount Info		

WAVES NATIONAL

9105 Shoshone Trail
Flower Mound, TX 75022-7040

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U.S. POSTAGE
PAID
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Still Something Special

NOTE: WHITE CAPS not having your correct address will not be forwarded by the Post Office unless you have submitted an address change. Please include WAVES National on all address changes in order to keep receiving your White Caps. Please send the address change form in 60 days before moving.

MEMBERS: If you are going to be traveling from time to time, why not send **Monica O'Hara \$7.50** to have your WHITE CAPS sent via first class mail. This way, you will never have to miss an issue. Thank you!

ADDRESS CHANGE FORM

OLD:

(Paste WHITE CAPS label here)

NEW ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE # (_____) _____

area code

(Check here if unlisted)

EFFECTIVE DATE: _____

Mail to: **Barbara Turner**, Executive Secretary
9105 Shoshone Trail, Flower Mound, TX 75022-7040

MEMBER-AT-LARGE MEMBERSHIP RENEWAL FORM

(Dues period 1 January to 31 December)

Please type, print, or use address label

Date _____

Name _____ Member ID # _____

Address _____ (Find on WHITE CAPS address label)

City _____ State _____ Zip Code _____

Telephone Number (_____) _____ (Check here if unlisted)

Check # _____ Tax Deductible Donation Included \$ _____ Dues for 1 year are **\$15.00** • Check Amount: _____

Please enclose a check or money order for **\$15.00** for dues for one year, made payable to WAVES National, and submit with this form to the **National Treasurer, Monica O'Hara, 6383 Kimmy Ct., San Diego, CA 92114-5631**

New members use WN membership application only.

The Life Membership rates are as follows:

25/under yrs. - \$400	36-40 years - \$322	51-55 years - \$244	66-70 years - \$166	81-85 years - \$88
26-30 years - \$375	41-45 years - \$296	56-60 years - \$218	71-75 years - \$140	86-89 years - \$60
31-35 years - \$348	46-50 years - \$270	61-65 years - \$192	76-80 years - \$114	90/over yrs. - \$30